

PROGRESS REPORT



Let's Help....

A registered Non-Profit Organization

UGOOD

United Global Organization Of Development

For the Betterment of Human Beings at all levels



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1 - Introduction of UGOOD

UNITED GLOBAL ORGANIZATION OF DEVELOPMENT (UGOOD):-

United Global Organization of Development (UGOOD) is a non-Profit and non-Political Organization, duly registered with the Government of Pakistan under Trust Act 1882 in Islamabad Capital Territory (ICT). The organization was registered on June 3rd, 2003 with the ambition to strive for the sustainable Human Developments by working in the areas of Social Welfare, Human Rights, Community Uplift, Poverty Alleviation, Rehabilitation of Disables/poor & Destitute, Health, Women Empowerment and Environment. The UGOOD also has been awarded with "Tax Exemption Certificate" by Central Board of Revenue (CBR)

BACKGROUND:-

Poverty, illiteracy, lack of proper healthcare facilities, gender discrimination & unemployment are the main hindrance to economic empowerment of our country and are cause of social instability.

Realizing this fact, United Global Organization of Development (UGOOD) was formed by a group of socially responsible young and intellectual individuals, who wanted to bring a positive change in the lives of the 42 Million population of Pakistan who is living below the poverty line. Having head office at Islamabad, UGOOD through its affiliates has presence in all the major cities of Pakistan and in the other countries as well. The dedicated members of UGOOD have distinguished academic, social and professional backgrounds and are highly motivated to work at their best capacity for the development of the country.

LOCAL SUPPORT IN AZAD JAMMU AND KASHMIR:-

UGOOD while working in the earthquake effected area of Azad Jammu Kashmir(AJK) has collaborated with IKI Foundation, an AJK based organization working in the area of community development since 1991. This organization has a wide network of Community Based Organizations(CBOs) associated with it and it has its offices throughout the area.

Due to this collaboration, all the local support has become available with UGOOD. IKI Foundation is the only organization in Kashmir that has its own data base of all the effectees that has been obtained by mutual efforts with UGOOD. The data contains the union council wise list of all the families and the magnitude of their losses. Moreover, we have now land available in all the three effected districts at the prime locations that are best suited for UGOOD projects.

2 - Earthquake Relief Support:-



On Saturday 8th October, 2005, 03.50 GMT, an earthquake measuring 7.6M on the Richter scale struck the mountainous area of south Asia. After shocks were felt hours following the earthquake and tremors continued till now.

The death toll as the result of the disastrous earthquake as confirmed officially has reached 90,000 which are likely to further increase due to the existence of far flung areas which have been out of reach for any rescue party even after many weeks of the incident. About 90% of the infrastructure has been completely destroyed causing more than 200,000 injured. The loss of property and infrastructure has been initially estimated ranging from US \$5 to \$10 billion.



Nearly 2.5 Million people have lost their homes and are living in tents and make shift shelters. The winter has approached, snowfall has started in some areas and the shivering cold is making the lives of the people more miserable.

3 - UGOOD's Response to the Disaster:-

1. **Medical Camps/Emergency Relief Activities:-**



- Medical Aid for Rawlakot on October 9, 2005 (01 Van)- Very next day to the earthquake UGOOD was one of the very few NGOs to send medical aid to the effected area of Rawlakot. Two doctors along with medicine and other equipment were sent to Rawlakot, who provided medical aid to more than 3,500 effectees. The whole activity continued for three days and cost was 0.345 Million Rupees.



- Sent one Medical Team to district Bagh consisting of 8 doctors on October 10, 2005. They established a medical camp, provided medical relief and distributed medicine, goods, foods items, cloths and Tents. The whole activity cost was 0.623 Million Rupees and continued for a week.



- Medical Camp, distribution of relief goods and food items on October 12, 2005 at Tandali, Muzaffarabad. UGOOD was the first NGO to establish a medical camp in a remote area of Tandali with a team of 20 doctors including 5 lady doctors. In this camp more than 4000 patients were treated in three days. They were provided with emergency medical and surgical treatment including plasters, stitching of wounds etc. UGOOD doctors and crew worked from dawn to dust while receiving hundreds of patients everyday and making sure no patient left behind.



- The UGOOD medical teams reached out to adjacent areas, almost 5 to 10 miles away from the medical camps by their own means and provided health cover to those earthquake-victims who could not travel to the nearest medical camp or hospital.

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UGOOD also appreciates the help and coordination of **Red Crescent Society** who provides ambulances which helped us out to shift all the emergencies patients to the nearest temporary hospitals where all the emergency facilities were available.



- Relief goods including tents, blankets, quilts, cloths, sheets and food items were also distributed. The whole activity continued for three days and cost was 3.152 Million Rupees.



- UGOOD team and 15 doctors served at various camp hospitals established by other NGOs and agencies in Rawalpindi and Islamabad and contributed their share towards the noble cause.



- Distribution of relief goods on October 15, 2005 at Bhat Gram and BalaKot by UGOOD (2 Trucks). These relief items contained dry food items, tents, blankets, mats, warm clothes and mattresses. The cost of these items was 1.82 Million Rupees and the activity was carried out in collaboration with Sudhaar and Anjuman-e-Tajran Dhalle Wali, Head Marala, Sialkot.



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4 - Establishment of Two Camp Villages, 12 November 2005 (3 Trucks)

UGOOD team decided that **2 TENT VILLAGE** should be established in severely effected villages Mohra and Chaaja of Union Council (UC) Salian near Deerkot district Bagh. On November 12, 2005 a delegation handed over the material to the victim families with the support of IKI Foundation. Following are the details of material provided to in the tent villages for providing relief to the victim families at their location as it follows:

Sr.	Goods Name	Total	Per family
1	Tents 10*12 feet	100	1 tent for one family
2	Bance 7 feet height	200	2 for each family
3	Iron Nails "Kille" 2 feet length	800	8 foe each family
4	Motli Blanket "Razai"	100	1 for each family
5	Matrices "Talai"	200	2 for each family
6	Pillows	200	2 for each family
7	Wool Blanket "kambal"	100	1 for each family
8	Shawl "Chitrالي Dussa"	100	1 for each family
9	Plastic Matt "Chatai" 9x8 feet	100	1 for each family
10	Dinner set	100	1 for each family
11	"Kasi or Kadal"	100	1 for each family
12	Wraper "Ramba"	100	1 for each family
Food items			
13	Milk 12 kg packet	100	1 for each family
14	Sugar 2.5 kg packet	100	1 for each family
15	Banaspati Gee 2.5 kg	100	1 for each family
16	Rice 5 kg packet	100	1 for each family
17	Dall 2.5 kg packet	100	1 for each family





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5 - Relief Goods distribution on November 23, 2005 (9 Trucks)

Bank Alfalah Ltd and Warid Telecom Ltd sent the following relief items for the proposed **Children Rehabilitation Center(CRC)** which to be established at Ghazi Abad, Tehsil Dheerkot; District Bagh by UGOOD. The Center is being established to accommodate 250 children and widows. The items sufficient for the center were stored by UGOOD and the remaining was distributed in remote villages of Bagh, Muzaffarabad, Rawlakot and Balakot.



All the goods have been distributed according to the list of effectees available with UGOOD and record containing the name, NIC number, address and other particulars of the beneficiaries is available at UGOOD office and is open for inspection and information.

Sr.	GOODS NAME	TOTAL	For CRC	Distributed in other areas
1	Tents 14*18 feet	530	130	400
2	Quilts	500	300	200
3	Bed sheets	500	300	200
4	pillows	500	300	200
5	Matrices "Talai"	500	300	200
6	socks	1,500	1000	500
7	Caps	2,040	1000	1040
8	Jackets	300	300	-
9	Folding Beds	300	300	-
10	Socks	924	100	824
11	Gloves	2,040	1000	1040
12	Clothes	1,120	500	620
13	Miscellaneous Items	2,500	450	2050
	Food Items			
14	Flour 10 Kg Packet	500	400	100
15	Sugar 2.5 kg packet	500	400	100
16	Oil 2.5 kg	500	400	100
17	Rice 5 kg packet	500	400	100
18	Dall 5 kg packet	500	400	100
19	Dry Milk	500	400	100
20	Tea Packet	500	400	100
17	Soups	500	400	100
18	Surf	500	400	100



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6 - UGOOD Distribution of Relief Goods on 10 December 2005 (9 Trucks)

UGOOD team distributed tents, quilts, folding beds and miscellaneous items at district Poonch, Mansehra, Muzaffarabad and Bagh on December 10, 2005.

UGOOD sent out 7 trucks all over in disastrous areas of Kashmir and Northern Areas of Pakistan. 5 trucks to district Muzaffarabad, 1 truck to Tettrinote, district Poonch, 2 trucks to district Mansehra, at Hassa, and Gari Habib Ullah and 1 truck at main head office Islamabad.

UGOOD team sent out the following items as it follows:

Sr. No	Goods Name	Total	Per Family
1	Tents 14 * 18 feet	800	1 tent per family
2	Quilts	940	4 quilts per family
3	Folding beds	100	2 per family
4	Miscellaneous items		

7 - UGOOD Distribution of Relief Goods on 14 December 2005 (7 Trucks)

UGOOD sent out 7 trucks in disastrous areas of Kashmir and Northern Areas of Pakistan on 14 December 2005. 5 trucks to district Muzaffarabad, 2 trucks to district Bagh, at Dheerkot, and Bagh City.

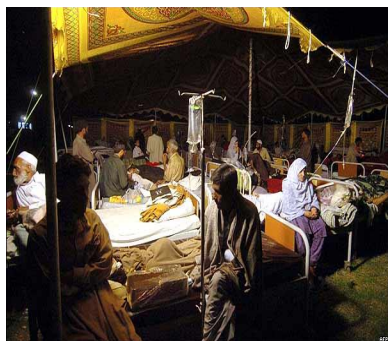
UGOOD team sent out the following items as it follows:

Sr. No	Goods Name	Total	Per Family
1	Tents 14 * 18 feet	973	1 tent per family
2	Quilts	993	4 quilts per family
3	Folding beds	100	2 per family

8 - Establishment of one Tent Village at Tettrinote, Poonch on 11 Dec. 2005

UGOOD has established a Tent City at severely effected area Tettrinote, at district Poonch AJK on December 11, 2005.

UGOOD team distributed tents, Quilts, folding beds and food items to the effectees in the tent city as well as other disastrous areas of district Poonch.



Children Rehabilitation Center (CRC):-

Children Rehabilitation Center (CRC) is one of its own kind and a unique project initiated by UGOOD for the rehabilitation of the most vulnerable effectees i.e. Orphan children and widows.



By the Grace of Allah and the continuous hard work of our workers, the CRC is approximately 70% complete. The project is though a temporary facility in **phase I**, but is being done in a way that it can be converted into a permanent facility later on without any wastage of already consumed resources. All the work has been done according to the standard provided by UN and rest is being done on modern and innovative lines that have never been followed by any other organization establishing the camp villages. UGOOD has collaborated with IKI Foundation, a local NGO established since 1992 with a wide network of CBOs. This has been decided to obtain the support of the local community and to ensure their participation. Following is the detail of the progress till now:-



■ Leveling of land

The land measuring 200 knals have been leveled by using a dozer and other heavy machinery.

■ Fencing

The whole area has been fenced with grill for security purpose. This has been done to ensure the security of the residents.



■ Electricity

The electricity has been provided for every tent, hospital, school, vocational center and administrative office.

■ Telephone

Applications for three telephone connections have been filed for the center, so that proper communication can be established with Head office etc. Fax machines and Computers have already been provided at the facilities.

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■ Sanitation/washrooms

4 septic tanks were planned for the washrooms, out of which 2 are ready and the others are being prepared. Construction of two water tanks having capacity of 5000 liters each has been completed. The work of making canals and piping, construction of washrooms is being completed.



■ Hospital

IBADAT Foundation has started establishing a hospital there. Camp based hospital has already been started with a team of doctors, ambulance and mobile unit. Later on the Foundation plans to establish the hospital on permanent basis.

■ Tents

Tents for registration office, storage and accommodation of staff have already been installed and others are being installed as per guidelines provided by UN standards for camp management.



■ Registration

Registration of families to be placed in the CRC has already been started and so far 80 widow families and orphans have been registered. Some of them have already started living in the camp and are providing support over there. Remaining shall be invited to live there once the camp is complete. The details of the residents shall soon be made available on UGOOD's website along with the pictures.



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U-GOOD Tent City at H-11 Islamabad:-



Presently U-GOOD has been assigned with the responsibility of administration and management of Block E of the earthquake relief camp established by CDA at H-11 Sector of Islamabad. There are 10 blocks in this tent city and each of them is administered by different NGOs. A total of 11,784 earthquake effected people belonging to various areas of Kashmir are officially residing over here, but the actual figure is slightly greater then the official one due to the large number of unregistered residents. Following is the detail of various activities and facilities that are being provided in this tent village by U-GOOD:-

Population:-

There are 128 tents in this block with an average of 8 persons living in one tent. Every person living in this tent village has to be registered with CDA and NADRA, and the record of all the residents is available with these authorities, however, there are some unregistered people as well. The detailed statistics of the population at Block E are appended below, it is mentioned here that these figures are based on the data collected by U-GOOD officials and is the latest.

Males	257
Females	248
Children	568
Total	1073
Orphans	47
Widows	27
Disabled	39
Elderly(60+)	42

Shelter/Accommodation:-

Presently these people are living in the tents and are provided with mattresses, Blankets, bedding etc. Three layer water proof tents are useful in the cold weather. The space, lighting, washrooms, water and sanitation facility has been provided by CDA. However, U-GOOD has to provide managerial support for maintenance of these facilities

Food and Hygiene items

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Food is distributed on weekly basis and it consists of dry items, vegetables, meat, milk and fruits etc. Hygiene items like soap, toothpaste etc are also distributed weekly along with the food package. The food and hygiene items that are being distributed at Block E by U-GOOD have been adopted from UN standards guidelines for food distribution. Following is the description of food and hygiene items.



A. Food requirement per tent per week

S.No	Name of the item	Qty	Price per unit	Weekly Total for 1 Tent	Weekly total for 128 tents
1	Rice	7Kg	22	154	19,712
2	Flour	10Kg		140	17,920
3	Sugar	2.5Kg	38	57	7,296
4	Grains(Daal)Mix	6Kg	39+32+28	198	25,344
5	Ghee	5Kg	250	250	32,000
6	Spices	0.25Kg each	13	13	1,664
7	Dry Milk	1 Kg	240	240	30,720
8	Milk	1Kg	40	40	5,120
9	Tea	0.5Kg	120	120	15,360
10	Biscuits	2Packs	60	120	15,360
11	Rusk	2 Packs	16	32	4,096
12	Tomatoes	2Kg	40	80	10,240
13	Potatoes	5Kg	20	100	12,800
14	Onions	5Kg	16	80	10,240
15	Garlic	0.25Kg each	20	20	2,560
16	Meat	1 Kg	70	70	8,960
17	Vegetables	2Kg	15+15	30	3,840
	Total			1744	223,232

B. Hygiene Items Requirement per tent per week

S. No	Name of the item	Qty	Price	Total
1	Soap	1Pack	15	1,920
2	Detergent	1Pack	30	3,840

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3	Tooth Paste	1Pack	20	2,560
4	Dishwashing soap	1Pack	15	1,920
	Total		80	10,240

Medical Center

U-GOOD is the only NGO that is providing full time medical facility with male and female doctors in the tent city at Sector H-11 Islamabad. Daily turnover is usually more than 120 patients and U-GOOD provide free of cost medicine to every patient on the spot. Sometimes if treatment is not possible in the medical center at U-GOOD camp, our doctor takes the patient personally to the nearest hospital and arrange for their free of cost treatment. U-GOOD bears all the expenses of medical treatment in hospital as well.



C. Cost at Medical Center

Name of the item	Cost Per Month	Cost per week	Total
Average cost of medicines	40,000	10,000	
Salaries of Doctors	20,000	5,000	Volunteers
Salary of Assistant/Medical store In charge	4,000	1,000	
Total	64,000	16,000	11,000

Psychotherapy and trauma treatment

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U-GOOD realize that the psychotherapy and trauma treatment is a necessity for the mental rehabilitation of these destitute people. For this purpose U-GOOD has arranged trauma treatment sessions with the help of some renowned psychiatrists. Consolation sessions for males, females, children and elderly are conducted twice a week at a special tent dedicated for this purpose. The response of this activity has been tremendous and the attendance in these sessions is increasing rapidly.



School

170 children of classes 1 to 6 have been enrolled in the tent school that is being run at the camp village by U-GOOD. It is ensured that good quality education is provided to the children. Books, uniform and all other study material is provided by U-GOOD and teachers are also paid salary. Here is the description of children and teachers etc.



S. No	Classes	Number of Children
1	KG	21
2	Nursery - A	31
3	Nursery - B	31
4	Class 1	20
5	Class II	25
6	Class III	17
7	Class IV	9
8	Class V	10
9	Class VI	6
	Total	170

Staff details at the school

S. No	Staff	Number
1	Principal	1



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2	Teachers	13
3	Teachers from Tent village	5
4	Teachers from outside	8
5	Chowkidar	1
6	Peon	1



English language and social etiquettes.

There are a large number of children of various age groups residing in the tent village. Usually their parents being in a trauma condition due the disaster they have suffered are not in a position to properly take care of their children. However, it is very important to educate the children living in such community about social etiquettes and manners. Realizing this fact, U-GOOD is the only organization that has arranged modern English language and social manners training for these children. These children are educated about the daily English language and the social manners. The response to this activity has been tremendous and about 180 children daily come into this interesting class where with the help of various games, songs, dramas etc they are trained about social manners and English language.



Community Development Activities:-

Various community development activities are undertaken by U-GOOD at the camp village .The basic purpose of these activities is to bring some charm and happiness in the lives of these deprived people. Some of the activities are detailed below:-



Vocational training



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A large portion of population is the females. U-GOOD believes that it's necessary to involve females in the income generating activities so that instead of being burden on the families, they can contribute positively and can become an active and useful member of the society. For this purpose various skill development activities are arranged in the camps like stitching, sewing, cutting, beauty parlor, flower making etc. females are usually very interested to learn these skills.



Computer training

U-GOOD has arranged computer training for the young and educated boys and girls. They go to the training center and learn basics of computer-GOOD plans to arrange high level computer training for the interested and talented students.



Awareness campaigns

Time and again various awareness campaigns are organized by U-GOOD. These campaigns are regarding the hygiene, health and cleanliness. Usually people living in the tents are not aware of the ways to keep their environment clean and healthy. They have no prior experience of living in such environment, so usually due to ignorance they create a lot of problems for themselves and for their neighbors etc. U-GOOD teams usually the females go tent to tent and tell people how to manage themselves successfully in the tents. Since the last week; a campaign regarding motivating people to go back to their areas has also been started.



Sports activities

U-GOOD organizes sports activities like cricket match etc in the camps. One series of matches has been

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started for children and one for boys. Players are selected from the camp and inter-camp tournament has been started by U-GOOD. It has gathered a great interest among the people and they watch the matches with great enthusiasm.



Marriages

Marriage is a routine social activity that is helpful to bring people back to their routine lives. U-GOOD encourages the marriages that are taken place in the tents and a package of useful items like sewing machine, dinner set etc is given to the bride and groom by U-GOOD as a gift of marriage.



Fun fairs

U-GOOD organizes fun fair for the females and children so that they can enjoy their lives. Various games and fun activities are organized in the funfair, like musical chair etc. People participate enthusiastically in these activities.



Mosque and religious education

Being a Muslim society, mosque is a very basic necessity where males can gather and offer the prayers. U-GOOD has arranged a big tent for mosque and a Qari is also employed for prayers. Moreover, religious education is also arranged for children and they go there and learn reading of Quran.

General Statistics and detail of Expenses.

Average number of persons in one tent=8

Total number of Tents = 128

S.No.	Cost Head	Weekly Expense	Monthly Expense
a	Food	223,232	892,928
b	Hygiene	10,240	40,960



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c	Medical	16,000	64,000
d	Administration	33,500	134,000
e	Salaries	31,250	125,000
	Total	314,222	1,256,886

D. Other Costs

S.No	Title of the cost	Rate	Qty/number	Weekly cost	Total
1	Cost of filling of Cylinders	470	25	11,750	
2	Cost of Transportation of goods			5,000	
3	Salary of Imam Masjid	2,000 Per Month	1	500	
4	Cost of security guards	4,000 per month	4	4,000	
5	Traveling cost of staff	10,000 per month		2,500	
6	Salary of School Teachers	2,000 Per Month	4	2,000	
7	Salary of Community Center Teacher	2,000 Per Month	2	1,000	
8	Cost of community activities	10,000 per month		2,500	
9	Cost of materials for Community Center	5,000		1,250	
10	Cost of Maintenance	8,000		2,000	
11	Cost of Purchase of Speakers etc for mosque	5,000			5,000
12	Purchase of furniture for camp office	6,500			6,500
13	Cost of Stationary	4,000 per month		1,000	
	Total			33,500	11,500

E. Detail of Staff and Salaries

S.No	Job Title	Number	Salary P.M	Status	Salary Expense
1	Camp Incharge	1	20,000	Volunteer	Not applicable
2	Manager Administration	1	15,000	Volunteer	Not applicable



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3	Manager Operations	1	15,000	Volunteer	Not applicable
4	Manager Accounts	1	12,000	Volunteer	Not applicable
5	Manage Planning and Rehabilitation	1	15,000	Volunteer	Not applicable
6	Purchases and Requisitions Staff	2	4,000	Volunteer	Not applicable
7	Security Staff	4	4,000	Volunteer	Not applicable
8	Kitchen Staff	4	3,000	Volunteer	Not applicable
9	Stores Staff	2	3,000	Volunteer	Not applicable
10	Media Manger	1	7,000	Volunteer	Not applicable
11	IT Staff	2	5,000	Volunteer	Not applicable
12	Survey Team	2	4,000	Volunteer	Not applicable
13	Community Development Team	2	5,000	Volunteer	Not applicable
14	Cleanliness Staff	1	2,000	Volunteer	Not applicable
15	General Administration and Complaints	1	5,000	Volunteer	Not applicable
16	Peon	1	3,000		3000
17	Drivers	1	3,000		3000
	Total	28	125,000		6000